*These will be created as laminated cards and included in the packets*

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EDFROG-IRA

*Work-up Sheet*

Education – What causes an ischemic event?

Disease – Look for disease “Cat in the gutter”

Fire – Inflammation / Measure for this!

Root Causes – Reference the Root Cause Tree

Optimal Goals – Bood Pressure, hsTnT, NT-ProBNP

Genetics – Apo E, 9P21, KIF6, Haptoglobin, LPA, 4Q25, Dynamic PGT

Individual Risk Factor Management – optimal management

Re-assess Regularly (Q 3 months)

Assess Disease Annually

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